



nutrishield

Fact-based personalised
nutrition for the young



NUTRISHIELD protects the health of EU citizens, by promoting a fact-based personalised nutrition, providing a holistic approach and creating a personalised platform for the younger population, ranging from new-born infants all the way to young adults.

NUTRISHIELD will support the execution of three validation studies in clinical settings:



Personalised nutrition of young individuals **(8-18 years of age)**, with obesity and/or type 2 diabetes, aiming at ameliorating their health condition.

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Personalised nutrition of lactating mothers, aiming at augmenting the nutritional value of human milk. This will focus on **prematurely born infants**, which have increased needs in supplied nutrients.



Personalised nutrition of young individuals **(8-10 years of age)**, aiming at supporting healthy cognitive function.

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This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 818110

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